



GUARDIAN SECURITY SYSTEMS

Locally owned

Anchorage
274-5275

Mat-Su Valley:
376-4700

Kenai Peninsula:
283-5652

Fairbanks:
459-5275

Statewide:
1-800-478-1898

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Account Update Policy:

Basically, changes of any kind must be made in writing. A telephone followup to verify your identity with your passcode will then occur *before* changes take effect.

Plan accordingly for contact list updates, or your personal contact information.

Changes can be made via mail, email, the website, or at the main office in Anchorage. Expect a phone call verification of these changes!

It's our policy to protect your account at all times. Update online at <https://www.guardiansecuritysystems.com/support/update-emergency-contact-list/>

Alaska Grown

As a 100% Alaskan company, Guardian appreciates small business owners statewide. We understand the value of serving our customers and supporting local businesses. Summertime means amazing locally-grown produce, and a farmer's market is a place to choose fresh, delicious fruit, berries, and vegetables and also meet the grower.

There are several market locales in the Anchorage bowl. Anchorage Downtown Market and Festival is open Saturdays and Sundays 10-6 throughout the summer.

Anchorage Farmer's Market, located at 15th and Cordova, promises all Alaska-grown or crafted items. Offerings vary as the season progresses, but no less than 8 vendors display their freshest produce Saturdays 9-2. The Center

Market operates at the Sears Mall, Wednesday and Saturdays, 10-4.

The Eagle River Farmer's Market kicks off in June in the VFW parking lot, Tuesdays 3-7.

The Mat-Su Valley offers Friday Fling every week through the summer from 10-5. Food, entertainment and free kids' booth guarantee family fun while you browse. If you're out and about on a Monday, stop by the Palmer Depot from 11-7 for fresh produce as well.

Visit one of these, or check your local Chamber of Commerce for farmer's markets happening in your area to enjoy fresh and tasty produce. Support local businesses.

We at Guardian are proud of our Alaskan roots as well as our excellence in service. We're here to serve you!

A Better Vacation



Guardian offers:

***local monitoring by a local company**

***24/7 monitoring of your home or business**

***free training on all system components**

***video surveillance**

***web-based home automation**

***free consultations**

***access control**

***patrol services**

***burglar, fire, temperature and moisture alarms**

***interactive security**

***alarm response program**

***more!**

Ahhhhh, vacation: relaxed schedules, visiting family, seeing new sights, relaxing by the beach for a week. Or...not enough sleep, tension from being cooped up together, last-minute cancellations and schedule changes, and an upset stomach. Mostly likely, our vacations this summer will be a mix of the two.

There are things you can do to keep your vacation fun and relaxing. Consider the following tips when preparing for your next vacation. It could make the difference between an okay vacation and a truly memorable one—for all the right reasons.

1. Always bring along a first aid kit. This goes for travel to Europe or an overnight camping trip. Purchase a pre-made kit or make your own to include bandages, antibacterial cream, hydrocortisone cream, diphenhydramine, antidiarrheal medication, and any prescribed medication, such as an inhaler. As the saying goes, if you pack it, you might not need it! Also, if you're going out of the country, check your health insurance policy and consider purchasing a supplement.
2. Make friends with antibacterial wipes and hand wash. Crowded airplanes and tourist destinations mean lots of germs. Keep your hands away from your face, cleanse your hands before eating, and wipe down arm rests, trays, and similar items to avoid contracting unpleasant germs such as Norovirus.
3. Use sunscreen. Nothing spoils a vacation more quickly than a painful sunburn. Even on overcast days, sunscreen is recommended. Reapply regularly when sweating or swimming.
4. Keep suitcases and clothing off the floor to avoid bedbugs, which can infect even the best hotels. Once home, wash all clothing in hot water, whether you wore it or not, and vacuum your suitcase.
5. Try new things, but use commonsense. This goes for adventure packages as well as new foods. If you know spicy food upsets your stomach, it's probably better to skip the Thai buffet, no matter how good of a deal it is. Same with outdoor adventures. If you're a beginner or have limitations, be upfront with your guide.
6. Underschedule. Packing every minute with a must-do will guarantee burned out travelers, especially those with young children. Allow downtime poolside at the hotel, for example. Consider a half-day or even a full day where nothing is on the schedule besides enjoying the people you're with.

And finally, arrange for someone to check on your home periodically, and notify those on your call list that you'll be out of town in case your security system goes into alarm when you're gone. Happy vacationing!

A Secure Home

At Guardian Security, we see the commonsense in the old adage, “better safe than sorry.”

As you prepare for your summer vacation, wherever you’re headed, the excitement of going can often overshadow the importance of leaving your home as secure as possible. Utilizing a security checklist can help to ensure that your home and property is safe, and that you don’t need to worry about it while you’re supposed to be relaxing.

The fact is, most break-ins happen during the summer months,* and homeowners make it even easier for burglars by overlooking a few prevention steps. Don’t leave your home vulnerable to forced entry when you go on vacation.

Ideally, you are able to find a trusted house-sitter—someone to pick up newspapers, mow the lawn, walk the dog, and live in your home for the duration of your absence. Unoccupied homes are an easy target. But if this option is not available to you, stop the newspaper service and mail, and arrange for a neighbor to come by and check the front porch for obvious signs that you are not at home: packages, phone books, and political fliers left too long all announce your absence. According to police, Google Streetview is one way would-be thieves find a likely target. It is imperative your home is or appears lived in.

Because 30% of burglaries begin with entry via an open or unlocked window or door, it is imperative that you check each window and door, regardless of floor level. Safety bars on sliding glass doors or sliding windows are a reasonable preventive as well, preventing

the door or window from being opened. Instruct a house sitter to keep all windows and doors locked at all times, and to verify this before leaving the house. The most common point of entry is through the front door, but pay special attention to any doors that are not easily seen as well. All doors should have a heavy-duty strike plate installed, as the weakest point of the lock is the strike plate.

Homes without security systems are three times as likely to be broken into, but a security system does no good if it isn’t armed. Be sure the house-sitter knows how to arm and disarm the system, read the panel, and interpret information. For example, does he or she know what to do if the moisture sensor goes into alarm?

If you have not yet purchased home automation, now may be the time to do so. You have the power to turn lights on and off, furthering the impression that your home is occupied. Home automation brings with it a variety of controls for better management and security of your home, and a Guardian security consultant is happy to answer questions if you want to learn more.

Exercise caution when discussing plans. Broadcasting your vacation via social media can tip off savvy burglars. Limit privacy and location settings, avoid checking in from hotels or airports, and wait to post vacation pictures until you are safely back home.

A secure home helps to ensure that your vacation ends well. If you have questions about home automation or the use of your security system, don’t hesitate to call.

*statistics from pwcgov.org, safeguardtheworld.com

*From everyone
at Guardian Security,
we wish our Alaskan neighbors
a very happy Father's Day!*



It's Summer! June Events

Slam'n Salm'n Derby Anchorage, June 12-21, Ship Creek. Get a derby ticket and fish for prizes! Tickets are free and up to 20 tagged salmon could net you a cash prize. Fundraiser for the Downtown Soup Kitchen. www.shipcreeksalmonderby.com

Alaskan Scottish Highland Games Palmer, June 27, 8:00 a.m. Head to the state fairgrounds for a day of piping, drumming, dancing and more. Professional and local amateurs are sure to bring fun, family-friendly entertainment. Adults \$15, Children \$5, save by purchasing ahead. www.alaskascottish.org

Seldovia Summer Solstice Music Festival Seldovia, June 20-21. Musical performances, games, and workshops for adults and children. Across Kachemak Bay from Homer. Tickets \$49 for adults, \$39 for children if purchased in advance. www.alaska.org/detail/seldovia-summer-solstice-music-festival