

# GUARDIAN SECURITY SYSTEMS, INC.



Locally owned and operated since 1974

Anchorage  
274-5275

Mat-Su Valley:  
376-4700

Kenai Peninsula:  
283-5652

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459-5275

Statewide:  
1-800-478-1898

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## Did You Know?

Guardian Security offers an amazing product that is changing lives because its added security and convenience: home automation.

With home automation, homeowners are able to check the security of their doors, windows, and garage doors, even lock and unlock doors via a smartphone app.

Thermostats can be regulated, lights turned on or off. Imagine the convenience of driving home to a warm, well-lit house this winter, or being able to lock the door if you forgot to do it before work. Home automation makes it possible.

## See You at the Women's Show!

At the end of September, the Sullivan Arena is transformed into a huge expo dedicated to the interests and needs of Alaskan women.

Alaska's oldest and largest women's show arrives September 26th and runs through September 28th.

There are several reasons to grab some friends, sisters, or daughters, and head down to the Sullivan to check this event out.

For one, it's free to get in. You could go once for the giveaways and drawings and literally hundreds of booths, or you could go every day to up your chances. Parking is limited, so plan accordingly.

Second, the food is incredible. Come enjoy all your local favorites all under one roof. There are offerings from many well-known vendors. You won't go hungry while you browse!

Also, consider the booths that are set up and ready. There's health: everything from obstetrics and gynecology to aesthetics and cosmetic surgery. There are talks, seminars, and information on a wide range of topics, including your health and that of aging parents. It's common knowledge that the scent of lavender promotes relaxation; it also has antiviral and antibiotic properties! Learn about

the health benefits of essential oils at seminars throughout the weekend. Other seminars include symptoms of and solutions for CFS (chronic fatigue syndrome), a condition affecting thousands of today's women, and an informative talk about hypothyroidism, another condition that can affect one's quality of life.

There are fitness booths and demos as well! Come try Zumba—the Latin dance cardio rage that can be found in many health clubs across the nation, or Pilates, one of the most effective ways to build core strength, combat age-related posture problems and address lower back pain.

The Women's Show offers a daily fashion show, and also a dance recital.

Guardian will be there too! We invite you to come and see how to take charge of your home security and bring greater awareness and control to the management of your home through automation. Discover the best security components for your home by talking with our knowledgeable representatives and trying out the functioning products we'll have set up for you.

We value one more chance to say hello to our customers as well as to see new faces. Ask about our Protect-a-Friend referral reward! See you at the Woman's Show!



## Good to See You!

Thank you for visiting us at our fair booth!

We're happy to announce these winners of our drawings:

**3 Months Free Monitoring:**

- Amy T.
- Betty Y.
- Bob T.
- Don W.
- Gary J.
- Glenn H.
- Jack S.
- John C.
- Krista A.
- Steve W.
- Linda U.

Who won 40,000 miles? Check page 3!

We enjoyed meeting and talking with you, and demonstrating the latest and greatest in home security!

We'll look for you next year!

# Back to School: An Empty House

August brings the State Fair and blueberry picking, and for many Alaskan families, August also means another school year commences. By September, new routines are coming into place. As your family grows and changes, adjustments need to be made in your security plan as well.

Whether your oldest is just going off to kindergarten or your youngest just drove off to college, each fall brings changes in circumstances that might require a change in routine.

Perhaps a new baby is going to stay home with a sitter while parents work.

Video surveillance

*Since 1974 Guardian Security Systems has offered the very best in security system products to the residents of Alaska. In addition to cutting-edge products and services, Guardian maintains the ONLY local central monitoring station in the state. We know what's happening here because we live here. We understand the unique challenges of living in our state and address your needs accordingly. Guardian: There's no place like home!*

can help with assurance of quality care. Guardian can even set up cameras for parents to check in and view their children and homes in real time.

Perhaps children are old enough to come home from school and let themselves in the house. They'll probably do homework and chores until mom and dad come home, but again, parents can keep watch from work: an email notification or text arrives when the door is unlocked.

You can lock it again, too. And of course, cameras allow for real time visuals on what is happening in and around your home while you're finishing up at work.

Guardian has a way to meet your security needs. Whatever your season of life, this fall Guardian is here to serve!



## Environmental Alert

Maybe you've seen commercials. Maybe you've heard about it. The fact is, environmental alerts are wave of the future, and Guardian is ready to set you up. Be notified if an area of your home or property goes beyond what's safe in terms of temperature or moisture. Be alerted if your water heater leaks, or if your boiler dips below critical temperatures. If you have a room or area that would be vulnerable to moisture (think busted pipe) or shouldn't freeze, environmental sensors are the best choice. These "bugs" go into alarm if certain parameters are exceeded. They send a signal to Guardian, who will alert you or your designated third party, to handle the situation before it gets out of hand. Likewise, [alarm.com](http://alarm.com) will send you a text or email notifying you of the potential problem. Altogether, environmental alerts are a convenient, cost-effective way to protect your property investment and help yourself when the unexpected occurs. If we had forewarning when a problem would strike, we would prevent it. Early detection, with environmental alerts, is the next best thing.

# Secure Enough?

There was a time in Alaska when most everyone left their front doors unlocked, and no one noticed or cared.

That time has passed. Now we lock our doors, and security experts suggest doing so even when we're home to prevent unplanned entry.

The recent rash of break-ins across Anchorage and the Mat-Su Valley underscore the reality that it is sometimes foolish to bet on the integrity of strangers to leave your house alone, to refrain from taking things that don't belong to them, and even to report suspicious behavior in our neighborhoods.

We mean well. We're all busy. We all have a million things to do. But honestly, it only takes a moment to make a phone call if you see something that doesn't look right to you. You might be preventing a home invasion or other crime.

It is a neighborhood's strength for homeowners to know each other, and to have a contact number in case something out of the ordinary seems to be occurring. Make your neighbors aware of when you'll be

out of town, and which vehicles, if any, should be expected in the driveway.

Finally, a neighbor whom you trust with your security information is often an asset in the event your home goes into alarm and you aren't able to get there quickly.



Sadly, Alaskans don't often know their homes aren't adequately secured until it's too late and a costly, disruptive home invasion has already occurred.

It can take years to feel safe in one's home again, if ever. As the saying goes, an ounce of prevention is worth a pound of cure, and this is also true in home security!

Others believe a nearby gun is adequate protection against invasions and burglary, but by the time we wake up and reach for the gun, it might already be too late. Home invasions and burglaries have occurred while homeowners slept unaware.

If you're considering another layer of security to your system, contact a Guardian consultant to assess your property and talk over your options with you.



**40th Anniversary Grand Prize Winner:**  
**40,000 Alaska Airlines Miles goes to:**  
**Dorothy F. of Wasilla**

Dorothy has been a Guardian customer since the 80s! Congratulations and happy travels!

**Property Cameras: Who Needs Them?**

Anyone whose home property includes in-home help, such as housekeepers, babysitters or dog-walkers who have access to your home while you're away. Also, anyone whose home is in an area that sees frequent break-ins. Further, if you have property unsecured outdoors, a camera may prevent or help to recover stolen ATVs, boats, and similar items. Prominently placed outdoor cameras are known home-invasion deterrents. Keep an eye out.

***September Events:***

**Anchorage: Women's Show**

Sullivan Arena, September 26-28. Free.

Experience the expo that's all about what women are all about. Hundreds of booths, shops, demos, and seminars available. Something for everyone!

[http://www.anchorage.net/events/alaska-womens-show?date\\_start=2014-09-26](http://www.anchorage.net/events/alaska-womens-show?date_start=2014-09-26)

**Fairbanks: Alyeska Best Beginnings Family Health Fair**

Pioneer Park Civic Center, September 13. Free.

Health screenings for children, healthy snacks, fun family activities

<http://www.explorefairbanks.com/events/detail/7174/alyeska-best-beginnings-family-health-fair>

**Kenai: Saturday Market**

Kenai Visitor and Cultural Center, September 6 and 13. Free

Enjoy local produce and Alaskan crafts through the end of the season.

<http://www.local-farmers-markets.com/market/11/kenai/kenais-saturday-market>

**Mat-Su: Knitting Demo**

Wasilla Museum, September 10. Free

Join Northern Lights Valley Knitters to learn a new hobby just in time for winter!

<http://www.cityofwasilla.com/departments-divisions/museum/special-events-and-exhibits>